## **KOOS-Physical Function Shortform (KOOS-PS)**

Today's date:	//	Date of birth:	/	/
Name:				
INSTRUCTIONS: information will help activities. Answer every ques question. If you are answer you can so t	us keep trace tion by tickin unsure about	k of how well yo g the appropriate how to answer a	u are able to e box, only <u>o</u> question, ple	perform different ne box for each
The following quest activities and highe indicate the degree your knee problem.	r level activiti	es. For each of	the following	activities, please
1. Rising from bed None □	Mild	Moderate	Severe	Extreme
2. Putting on socks/sto	ockings Mild	Moderate	Severe	Extreme
3. Rising from sitting None	Mild	Moderate	Severe	Extreme
4. Bending to floor None □	Mild	Moderate □	Severe	Extreme
5. Twisting/pivoting o None □	on your injured Mild	knee <b>Moderate</b>	Severe	Extreme
6. Kneeling None	Mild	Moderate	Severe	Extreme
7. Squatting None	Mild	Moderate	Severe	Extreme